

## The DIVINE PRESENCE Symbol

The divine presence symbol helps you connect with the sacred source of love and power. It symbolizes a desire for, and awareness of the divine in human experience. This symbol can help you manifest the highest good.

### *What is divine presence?*

Divine presence is the awareness of the sacred connection between people, the world, and the universe. This awareness helps dispel fear and negativity, and nurtures hope, courage, and perseverance. Seeing the sacredness of all things helps us manifest love, power, and clear thinking.

Most people recognize a higher power or essential source. For many, connecting with the divine in a personal, fulfilling way is a spiritual longing. Seekers and students devote their lives to the age-old questions of love, consciousness, and reality. As the Indian master poet, Darshan Singh (1921-1989) wrote:

When man himself is God's purpose, why ask wherein God's purpose lies?  
God is hid in the human heart, yet man searches: Where is God?

Some people experience the divine as an ascended master (for example, Jesus Christ, Kuan Yin, the Buddha). Others may experience the divine in the form of angelic beings, spirit guides, or an awareness of celestial order in the universe. Some, like the poet Singh, find the divine presence within themselves, or residing in all beings.

I came to realize that if I could not see the divine in others, I could not see it in myself. And if I could not see the divine in myself, how could I see it in my world?

Awareness of the divine presence can infuse everyday objects with significance as expressions of divine creative intention. Seeing the divine in others encourages us to honor all life. This is often the foundation for health and healing. The divine presence expands consciousness, helping us connect with the expansive universe within and around us.

### *How does the divine presence symbol work?*

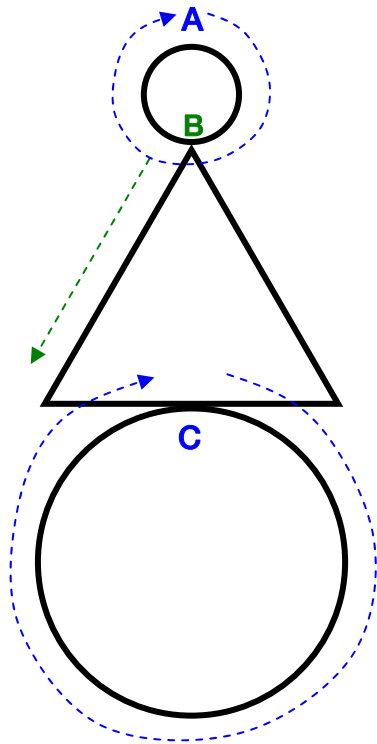
Energy symbols are doorways to spiritual paths that lead to desired states. For example, there is a Reiki symbol for emotional and mental clarity. Someone attuned (initiated) to this symbol can use it to achieve a state of positive mental and emotional health. In the same way, after attunement you can use the divine presence symbol to help you achieve greater awareness of the divine.

After you receive the attunement for the divine presence symbol, you must discover how the symbol works in your life. The following ideas can help you begin your exploration of the symbol:

- ✓ Draw the symbol over your doors and windows, signifying that the divine blesses your home.
- ✓ Use the symbol in meditation or prayer, tracing it in the air or on paper in a quiet, contemplative way.
- ✓ Write a name on a piece of paper, then draw the symbol over the name to send divine blessing.
- ✓ Imagine drawing the symbol in front of you or on the floor, then stepping into or onto the symbol as a gateway into the divine presence.
- ✓ Stand outside your home, office, or other buildings and imagine (mentally draw) the symbol over the building as an affirmation of protection and blessing.

## ***The divine presence symbol***

Here is the divine presence symbol. It is a simple geometric design that is easy to remember:



1 – Draw a clockwise circle, starting at point **A** and going around 2 1/2 times, ending at point **B**.

2 – Draw a triangle starting at point **B** and going counter-clockwise at least 2 times, ending at point **C**.

3 – Draw a larger clockwise circle, starting at point **C** and going around 3 times.

## ***What do the shapes represent?***

The divine presence symbol has three simple parts: a circle, a triangle, and a larger circle. Each person must develop a personal, intuitive sense of what the shapes represent; here are some ideas to consider as you start this exploration:

- ✓ The top circle represents the Source. This could be God, Goddess, Mind, Universe, Deity, Love, or anything you consider divine.
- ✓ The triangle represents a cone of power, protection, creativity, intention, purpose, reaching out, covering, horn of plenty, sharing, giving, providing, or shielding. It might represent a wizard or alchemist's cap, or a bishop's miter. It signifies connection between a divine Source and a receiver. The triangle can also represent a pyramid, believed by many to be a sacred geometric shape.
- ✓ The larger circle below the triangle represents the receiver. This could be you, someone else, a home, office, or other building. It could be the earth, the universe, a womb, an intention or prayer, or even a single cell in the body. The circle also represents community, relationships, sacred space, cycles of life, eternity, and the wheel.

In discovering what the divine presence symbol means to you, it might be helpful to write a statement that expresses your connection with the symbol. Remember, your understanding will grow and deepen over time, and you will experience different insights or uses of the symbol as you go.

Here are some example statements from people who have received the divine presence symbol attunement:

*"The top circle is God, and the triangle is like the pyramid on the dollar bill. It means blessings will come to me from God. The bottom circle is my job."*

*"The highest circle represents Mother, and she is spreading a quilt over me. I'm the big circle underneath."*

*"The first shape means Source, and coming from that is a cone of power that enables the whole universe to function. For me, this means my life is part of the whole."*

### ***Attunement to the divine presence symbol***

The divine presence symbol is activated in a person's life by an attunement (sometimes called an initiation). Anyone who has received the attunement is able to attune others. If you are a Reiki master, you already have experience receiving and giving attunements. Although the divine presence symbol is not a Reiki symbol, sharing the attunement is much the same.

#### ***Detailed instructions***

#### ***Quick reference***

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| <ol style="list-style-type: none"><li>1. Prepare to give the divine presence symbol attunement by drawing the symbol in whatever way is best for you. Some people draw the symbol on their hands, or over the walls, floor, and ceiling of the room. You can also use any Reiki or other energy symbols that are part of your practice, to prepare yourself energetically, emotionally, mentally, and physically for sharing the attunement. Your inner sense of the divine presence is important in sharing this symbol with others.</li><li>2. Invite the receiver to be comfortable, relax, and breathe gently during the attunement. Ask the receiver to close the eyes and to place the hands in a prayer position over the heart.</li><li>3. Stand behind the person and gently place your hands on the receiver's shoulders to establish rapport. Speaking in a soothing, gentle manner, encourage the receiver to enter a place of inner peace and openness.</li><li>4. Say aloud, "I freely and lovingly share the divine presence symbol with _____ (receiver's name), for the highest good." Use any similar affirmation, but make sure you state the name of the symbol.</li><li>5. Draw the divine presence symbol over the crown of the receiver's head.</li><li>6. With strong intention and the absolute certainty that you are imparting a sacred gift, take in a full breath and then blow it out on the crown of the person's head.</li><li>7. Move in front of the person and say aloud, "I freely and lovingly share the divine presence symbol with _____ (receiver's name), for the highest good." Use any similar affirmation, but make sure you state the name of the symbol.</li></ol> | <ol style="list-style-type: none"><li>1. Prepare to give the attunement.</li><li>2. Invite the receiver to relax, close eyes, and place hands in a prayer position.</li><li>3. Touch the receiver gently to establish a connection; enter a receptive state.</li><li>4. Say aloud that you are attuning the person to the divine presence symbol.</li><li>5. Draw the symbol over the person's head.</li><li>6. Blow a breath on the person's head.</li><li>7. Move to the front and repeat the affirmation of the attunement.</li></ol> |
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| 8. Draw the divine presence symbol over the receiver's heart.   | 8. Draw the symbol over the heart.  |
| 9. With strong intention and the absolute certainty that you are imparting a sacred gift, take in a full breath and then blow it out on the person's heart.   | 9. Blow a breath on the person's heart.   |
| 10. Hold the receiver's hands in your hands and say aloud, "I freely and lovingly share the divine presence symbol with _____ (receiver's name), for the highest good." Use any similar affirmation, but make sure you state the name of the symbol.                                    | 10. Hold the receiver's hands and repeat the affirmation.                                   |
| 11. Draw the divine presence symbol over the receiver's hands.  | 11. Draw the symbol over the hands.   |
| 12. With strong intention and the absolute certainty that you are imparting a sacred gift, take in a full breath and then blow it out on the person's hands.  | 12. Blow a breath on the person's hands.  |
| 13. Say aloud a closing affirmation such as "_____ (receiver's name), this attunement to the divine presence symbol is complete. May the presence of the divine shine upon you and be within you, always." Use any similar affirmation, but make sure you state the name of the symbol. | 13. Make a closing affirmation of the attunement. Make sure you use the name of the symbol. |
| 14. It's always nice to share a hug after an attunement!  | 14. Hug one another.  |

### ***Frequently asked questions about the divine presence symbol***

- Q:** Why is an attunement required? Can't someone just learn the symbol and start using it?
- A:** Spiritual growth is often experienced in the relationship between a teacher and a student. Attunement is an ancient and proven method to impart spiritual insight and potential to others. Used lovingly for the highest good, attunement can be a powerful spiritual experience. It does not conflict or question personal revelation or insight.
- Q:** What is the significance of blowing on the receiver's head, heart, and hands?
- A:** Breath represents spirit. (In Greek, the word *pneuma* is the same as *spirit*.) However, it's important to note that we're not just blowing wind! Spirit, in this sense, is a divine presence. For many people, spirit is a living entity (God, the Holy Spirit, angels, etc.). Jesus and other masters used blowing the breath in their spiritual attunements. The warm, organic nature of the breath is a wonderful representation of the divine presence.
- Q:** Can the divine presence symbol be used with Reiki or other energy symbols?
- A:** The divine presence symbol is a loving, personal expression of the sacred, and is complementary with any energy symbol or system that is based upon love. You don't have to be a Reiki practitioner to use the divine presence symbol, but people who practice Reiki usually find that the symbol works well with the Reiki symbols.
- Q:** Is the divine presence symbol or the attunement instructions copyrighted?
- A:** There is no copyright on the symbol or the attunement instructions. You may use this material freely, but the author respectfully requests that you use the symbol as is, by name and without modification. The symbol should be honored as a sacred endowment.